

Good Friday

On our table

a cross

We pray

Faithful God,

Draw near to us on this sacred day

Bless us as we recall and remember that Jesus died on a Cross.

Encourage us in the painful times of our lives. Amen

We recall

The Story of Jesus' death (John 18:1-19:42)

... they took the body of Jesus and wrapped it with the spices in linen clothes following the Jewish burial customs. At the place where he had been crucified there was a garden, and in this garden a new tomb in which no one had yet been buried. Since it was the Jewish day of Preparation and the tomb was near at hand, they laid Jesus there. (Jn 19: 41-2)

We reflect

- That Jesus suffered
- We place the names of those who suffer at the foot of the Cross
- We place our private sufferings at the foot of the Cross?

We carry in our hearts

- The quiet knowledge that even in the midst of Jesus' suffering God was with him
- The quiet confidence that even in the midst of our own suffering, God is always with us
- The quiet hope that the stones of fear, suffering and sadness will, when the time is right, be rolled away.

We pray

We fix our eyes on the cross and we invite God to be with us.

We pray for all who suffer

We pray about our own suffering: 'Be with me, Lord when I am in trouble, be with me, Lord I pray' (Ps 91)

We are quiet.